

Answer the questions.

1. How long have you known your best friend?

2. How important is she/he to you?





Read and learn

Why We Need Friends

We don't live on our own in this world. Friends are great companions. We feel better when they are around.

Friends can make us happy. We can always hang out with them and have

fun together.



companion

One who spends time with another or others.

hang out with

To spend time in a particular place, usually with friends.

Read and learn

Friends are helpful. We can turn to friends for help. True friends never let us down. They are always there, ready to give a hand or lend a shoulder. They encourage us to go on whether we are right or wrong.







lend a shoulder

encourage

Read and learn

Friends also make us healthy. In fact, scientists believe people with more friends have a healthier heart and even live longer.

There are so many great things about friendship. So, make new friends and make more friends! And don't forget your old friends!

friendship the state of being friends



Complete the sentences below.

companion	friendship		give me a hand	
lend you a shoulder		encouraged		hang out

- She was my childhood ______.
- Could you _____ with these bags?
- 3. Her parents _____ her to join in the school play.
- 4. I wish I'd been here to _____ when your father died.
- 5. All the kids from my school _____ at the pizza shop down the street.
- 6. Their has lasted for many years.

Grammar



turn to sb. for help

To go to somebody and ask for his/her help

Examples

- We can turn to friends for help.
- If I don't understand the lesson, I will turn to my classmate for help.
- When you meet problems, who will you turn to for help?



Think and speak out

1. Why do people with more friends live longer?

2. In your opinion, what are the good effects of your friends on you?

3. Is having friends important? Why or why not?

