

The logo for 'Smart Kids' is displayed in a stylized, bubbly font. 'Smart' is in a light purple color, and 'Kids' is in a darker purple color. The letters are rounded and have a slight shadow effect.

Smart
Kids

Unit 6

Health and Disease

Lesson 6

Review Time





Go to Bed Early

Go to bed early — wake up with joy.
Go to bed late — cross girl of boy.
Go to bed early — ready for play.
Go to bed late — moping all day.
Go to bed early — no pains or ills.
Go to bed late — doctors and pills.
Go to bed early — grow very tall.
Go to bed late — stay very small.



Go to the Doctor

Lesson 6 • Review Time

Annie is ill, and she goes to the doctor with her mom.



Go to the Doctor

Lesson 6 • Review Time

Answer the questions

e.g. He has a toothache. He should...



They are all waiting outside the doctor's room. Now it's Annie's turn.



Go to the Doctor

Lesson 6 • Review Time

A doctor is examining Annie.

Doctor: How old are you, Annie?

Annie: I'm ten.

Doctor: Open your mouth. Say, "Ah..."

Annie: Ah...

Doctor: OK. Then let me take your temperature.
(3 minutes later...)

Doctor: Annie, you have a bad cold and a fever.

Annie: Then what should I do?

Doctor: You should...



Help the doctor complete Annie's medical records

**Annie**

Age 10

Symptom -----

Advice -----

should: -----

shouldn't: -----

Classify the advice:



Have a Rest at Home

Lesson 6 • Review Time

Annie and her mom go home. Annie has a rest at home.

Allen: Annie, here are ____ (some/any) fruits for you.

Annie: Thanks, Allen.

Allen: Would you like ____ (some/any) water?

Annie: Yes, I should drink ____ (many/much) water.

Mom, can I have ____ (some/any) ice cream?

Mom: You have a cold and you shouldn't have ____ (some/any) of it.

Lucy: Mom, can I have ____ (some/any) French fries?

Mom: Yes, you can. But you _____ (should/shouldn't) have too much.

We should live a healthy life.

Lucy: OK, mom. But how to live a healthy life?

Mom: Let's make a plan for it.



Plan 1: To have a healthy diet



breakfast



lunch



supper

They go to the supermarket to buy some healthy food based on Plan 1.

e.g. There are plenty of vegetables.



Plan 2 & Plan 3: always/never

plan 3: always



plan 4: never



Read aloud



Annie is ill and the doctor tells Annie what she should do and what she shouldn't do. The best way to prevent diseases is to live a healthy life. This is the way how Annie's family live a healthy life:

Firstly, they have a healthy diet.

Secondly, they are in many good habits, such as, doing exercise every day, getting enough sleep, never eating with dirty hands and so on.

Health is important for every one. Let's live a healthy life together!