

The logo for 'Smart Kids' is displayed in a stylized, bubbly font. 'Smart' is in a light purple color, and 'Kids' is in a darker purple color. The letters are rounded and have a slight shadow effect.

Smart  
Kids

## Unit 6

### Health and Disease

#### Lesson 3

#### Say It Out (1)





## Go to Bed Early

Go to bed early — wake up with joy.  
Go to bed late — cross girl of boy.  
Go to bed early — ready for play.  
Go to bed late — moping all day.  
Go to bed early — no pains or ills.  
Go to bed late — doctors and pills.  
Go to bed early — grow very tall.  
Go to bed late — stay very small.





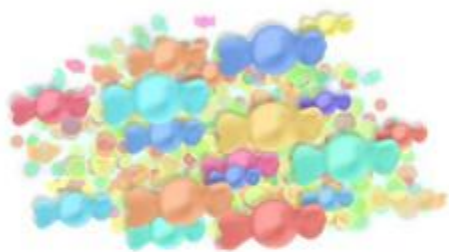
## Listen and do the action



# Review Time

## Lesson 3 • Say It Out (1)

Fill in the blanks by using “**too many/too much + nouns**”



too many candies



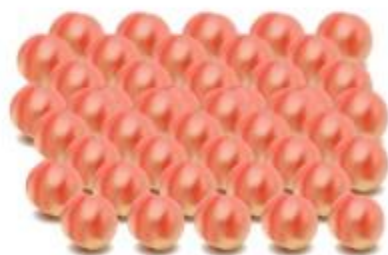
too \_\_\_\_\_ honey



\_\_\_\_\_ milk



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

# Let's Listen

## Lesson 3 • Say It Out (1)

### Listen to the dialogue

**Annie:** Doctor, I have a cold and I'm not feeling good.

**Doctor:** Don't worry. Let me take your temperature.  
Hmm...You have a fever.

**Annie:** It sounds terrible. What should I do?

**Doctor:** Well, you should take some medicine, drink much water and do some exercise.

**Annie:** Okay, doctor. Thanks!

**Doctor:** You shouldn't go to bed late and eat spicy food.

**Annie:** Oh, then what should I eat?

**Doctor:** You should eat some fruits and vegetables.





## Read and learn

sb *should* do sth:  
e.g. She should go to bed early.



I have a cold, and I **should**:



**take** some **medicine**



drink much water



do some exercise

## Read and learn

sb *shouldn't* do sth:  
e.g. She shouldn't drink much beer.



I have a cold, and I **shouldn't**:



go to bed late



eat spicy food



go swimming

## Classify and say

Annie has a cold. What should and shouldn't she do?

Annie should...

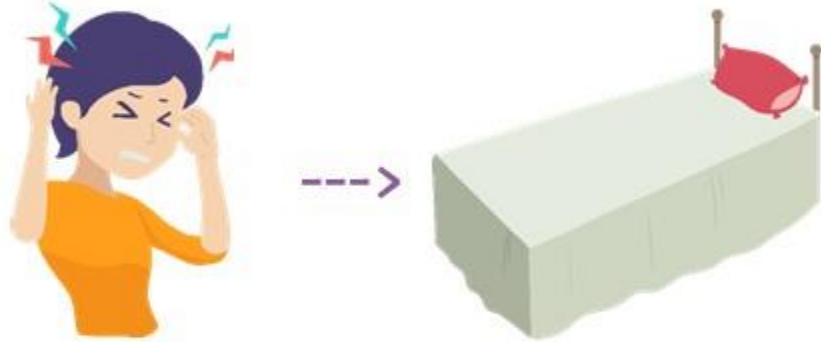


Annie shouldn't...





## Read and learn



You should lie down and rest.



You should drink some hot water.



You should see a dentist.



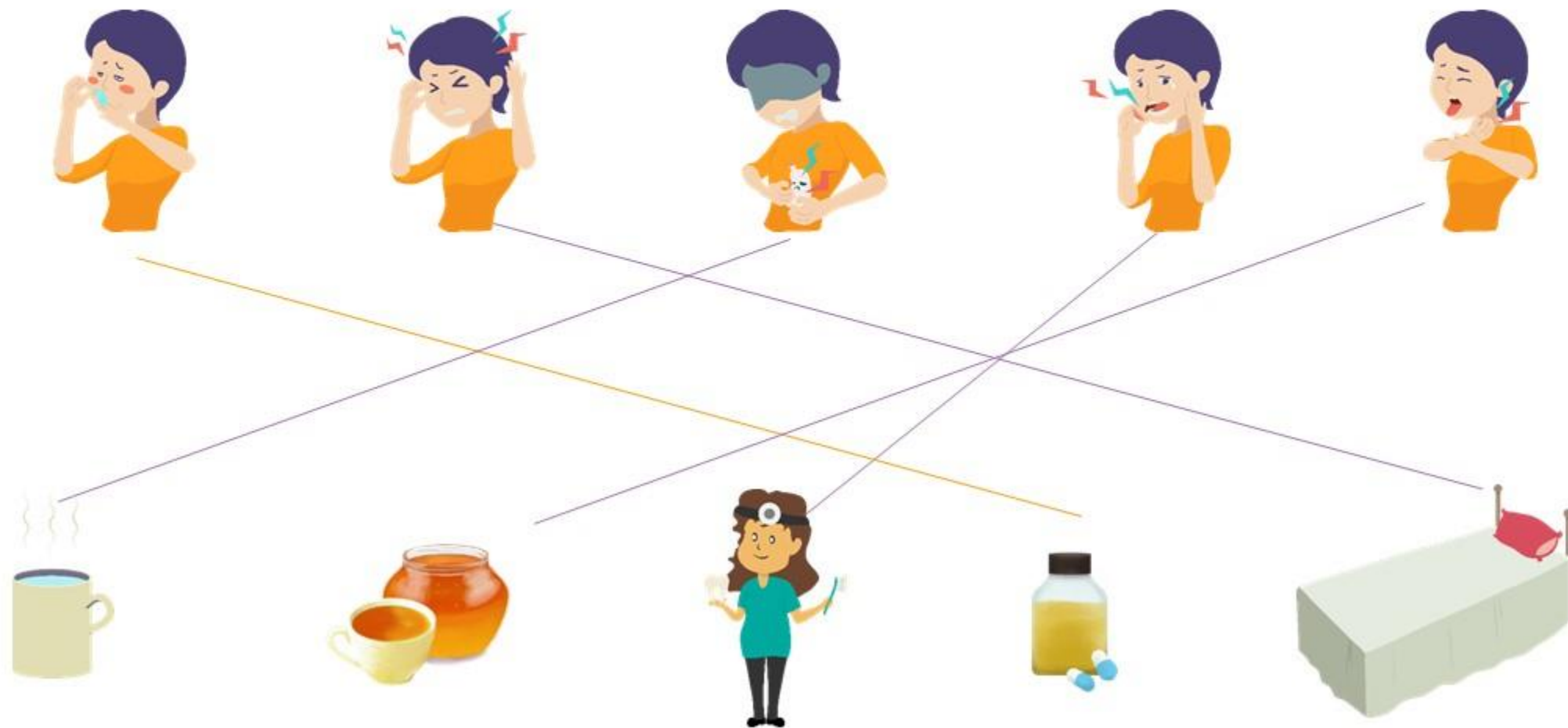
You should drink some honey tea.

# Let's Practice

## Lesson 3 • Say It Out (1)

### Look and say

e.g. She has a cold and she should take some medicine.



## Read and learn

**Annie:** Doctor, I have a cold and I'm not feeling good.

**Doctor:** Don't worry. Let me **take your temperature**.

Hmm...You have a **fever**.

**Annie:** It sounds terrible. What should I do?

**Doctor:** Well, you should take some medicine, drink much water and do some exercise.

**Annie:** Okay, doctor. Thanks!

**Doctor:** You shouldn't go to bed late and eat spicy food.

**Annie:** Oh, then what should I eat?

**Doctor:** You should eat some fruits and vegetables.





Supposing that you are a doctor, then complete the medical records



 **Annie** 

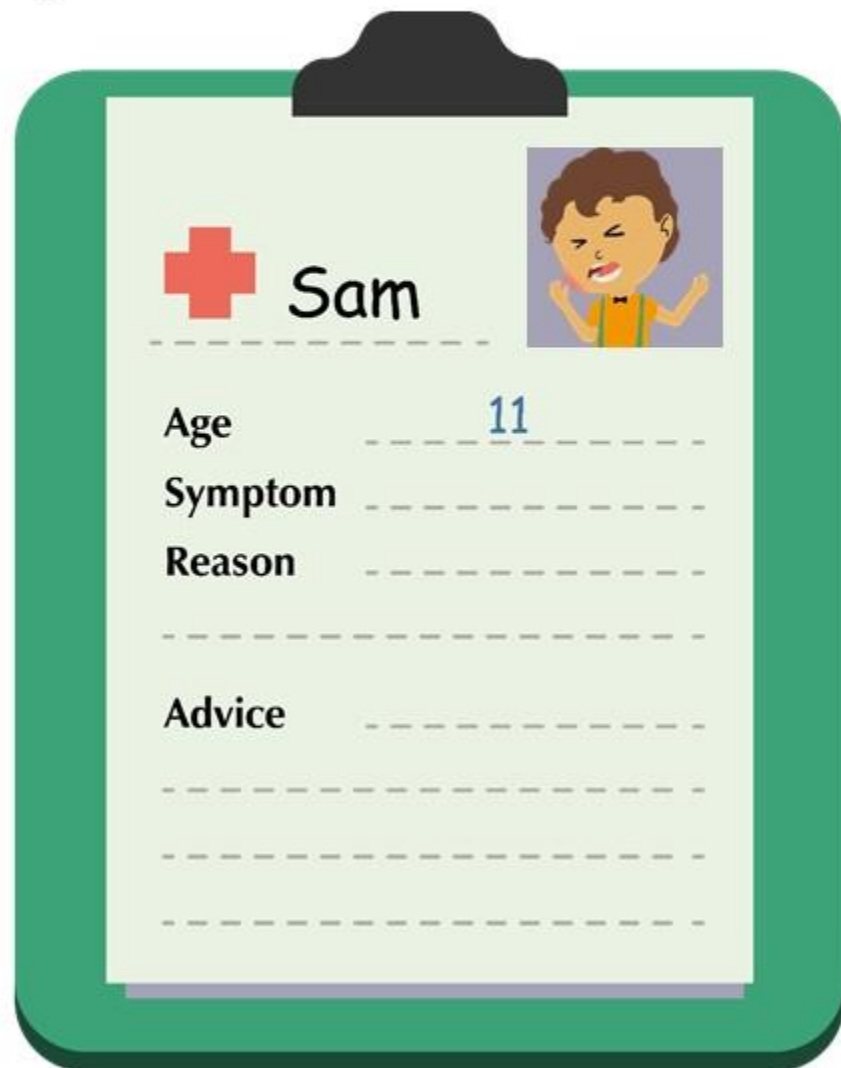
Age      10



Symptom    sore throat

Reason      ...

Advice

She should/shouldn't ...



 **Sam** 

Age      11

Symptom

Reason

Advice