

The logo for 'Smart Kids' is displayed in a stylized, bubbly font. 'Smart' is in a light purple color, and 'Kids' is in a darker purple color with a small heart shape replacing the dot on the 'i'. The logo is set against a light purple background panel.

Smart  
Kids

## Unit 2 Food

### Lesson 3

### Say It Out (1)





### I Can Eat a Lot!



I like spaghetti, and I can eat a lot.  
I like soup, and I can eat a lot.  
I like hamburgers, and I can eat a lot.  
I like French fries, and I can eat a lot.

Cause I'm a big kid, a big kid, a big kid! Look at me.  
I'm a big kid, a big kid, a big kid. Look at me.

I like cereal, and I can eat a lot.  
I like bread, and I can eat a lot.  
I like fish, and I can eat a lot.  
I like chicken, and I can eat a lot.

Cause I'm a big kid, a big kid, a big kid! Look at me.  
I'm a big kid, a big kid, a big kid. Look at me.

Are you a big kid?

## Look and fill in the blanks

Don't

healthy

unhealthy



1. Hamburger, pizza and French fries are \_\_\_\_\_.
2. Cabbage, carrots and fish are \_\_\_\_\_.
3. \_\_\_\_\_ drink Coke and coffee. They are unhealthy.



## Do a role-play



A: What does she eat for...?

B: She eats... for...

# Let's Listen

**Listen to the dialogue** 

Sam: It's lunch time. What do you have for lunch, Annie?

Annie: I have bitter melon.

Sam: Oh, it's too bitter. I don't like eating bitter food.

Annie: Yeah, it's bitter, but it's healthy for you.

What do you have for lunch, Sam?

Sam: I have hot pot.

Annie: I can't eat hot pot. It's too spicy!



## Read and learn



lemon



bitter gourd



hot pot



bacon



# Let's Practice

## Lesson 3 • Say It Out (1)

**Choose the correct word for each picture**



- chocolate
- lemon



- bacon
- lemon



- bitter gourd
- hot pot



- bitter gourd
- bacon

## Read and learn



sour



sweet



bitter



spicy



salty



# Let's Practice

## Lesson 3 • Say It Out (1)

### Look and say

sour

Lemon is sour.

sweet

bitter

spicy

salty



# Let's Talk and Learn

## Lesson 3 • Say It Out (1)

### Read and learn

“too” + adjectives

Sam: It's lunch time. What do you have for lunch, Annie?

Annie: I have bitter gourd.

Sam: Oh, it's too bitter. I don't like eating bitter food.

Annie: Yeah, it's bitter, but it's healthy for you.

What do you have for lunch, Sam?

Sam: I have hot pot.

Annie: I can't eat hot pot. It's too spicy!



## Read and learn

### “too” + adjectives



too sour  
Lemon is too sour.



too sweet  
Chocolate is too sweet.



too bitter  
Bitter melon is too bitter.



too spicy  
Hot pot is too spicy.



too salty  
Bacon is too salty.



### Review and compare

..., too.

Coffee is bitter.

Bitter gourd is bitter, too.

I can eat bacon.

He can eat bacon, too.

I like eating hot pot.

He likes eating hot pot, \_\_\_\_\_.



too + adjectives

I don't like bitter gourd.

It's too bitter.

She can't eat bacon.

It's too salty.

She doesn't like eating hot pot.

It's \_\_\_\_\_ spicy.

# Let's Practice

Lesson 3 • Say It Out (1)

**Look at your teacher and guess what he/she is eating**

It's too...

