

FOOD LOVER (Gourmand)

Do you eat a lot? What types of food do you like eating? Why?

DEFINITION

A **gourmand** /GOR - mænd/ is a formal word which is used to describe someone who is very enthusiastic about food and drinks. They enjoy both eating and cooking food. They tend to eat and drink more than they need. In informal English, we can refer to them as “**foodie**” meaning “food lover”.

WARM-UP

Do you recognize the food and drinks shown in the pictures below? Describe each using the adjectives found at the bottom. More than one adjective can be used for each. Trust your taste buds! 😊



lime



bitter melon



fruit juice



bacon



tamarind



coffee



cake



crackers/biscuits



ice cream



kimchi



mashed potato



pizza

TASTE:

bitter
salty
sour
bland
spicy
sweet

TEXTURE:

greasy
juicy
burnt
crispy
mushy
creamy

What is your favourite food/drink? How does it taste? What food/drink don't you like? How does it taste? What was the worst – tasting food/drink you ever tried? Why?

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VOCABULARY

A. Match the words in column A with the meanings in column B.

Column A

1. poultry
2. beef
3. pork
4. lamb
5. seafood

Column B

- a. refers to meat which comes from sheep
- b. both fish and shellfish that we can eat
- c. refers to meat which comes from cows
- d. refers to meat which comes from pigs
- e. refers to any kind of food product which comes from birds

B. Match each meat or food with the animal it comes from.

bacon	egg	fried chicken	steak	pork
turkey	shrimp	lobster	beef	
tuna	ham	oyster	crab	

COW

PIG

FISH/SEA ANIMAL

POULTRY

LANGUAGE POINT

Differences between British English and American English.

Match each American English food-related term with its British English term. Choose from the Options Box.

biscuits	crisps	fizzy drink	pudding	sweets	fish fingers
aubergine	chilli sauce	porridge	spirit	tinned food	jam
chips	chocolate bar	prawn	starter	candyfloss	minced beef

1. shrimp : _____

2. candy : _____

3. soda/pop : _____

10. chips : _____

11. cotton candy : _____

12. appetizer : _____

4. dessert : _____

5. hot sauce : _____

6. eggplant : _____

13. chips : _____

14. liquor : _____

15. cookies : _____

7. fish sticks : _____

8. jelly : _____

9. oatmeal : _____

16. candy bar : _____

17. canned food : _____

18. ground beef : _____

SPEAKING

What are some of the most popular dishes in your country?

Have you tried them? How do you like the taste?

Are you a picky eater or do you eat just about anything?

What food/dishes are usually associated with your country? Explain.