



**QQENGLISH TOEIC®**  
**RAPID VOCABULARY BUILDER**  
**Intermediate**

STUDENT'S BOOK

# INTRODUCTION

This course book teaches you vocabulary that will help you improve your English. It includes 40 vocabulary-building lessons with words which frequently appear in everyday English.

One of the best ways to improve your vocabulary is to listen and read often. The more words you see, the more you will learn. In this course book you might come across the same words again and again in different contexts. Recognizing a word in different contexts proves that you have familiarized yourself with the word.

I suggest that you learn a word first auditory (by hearing the word repetitively), then visually (by seeing the word repetitively), and orally (by using the mouth) and finally kinesthetically (by writing the word repetitively).

Good luck!

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# DAY 1

## WORDS TO LEARN

### VOCAB REVIEW

 Listen to some essential words without looking at the word list.

*choice/ worry/ labor/ huge/ growth/ suppose/ afraid/ direct/ enter/  
experiment/ mention/ waste/ brain/ weight/ improve*

 Listen and fill in the blanks.

1. Many people are (     ) that they might lose their jobs.
2. He's about average height and (     ).
3. I'll (     ) your ideas to my boss.
4. I (     ) that you've already heard the news?
5. You have a (     ) of hotel or self-catering accommodation.
6. There is a (     ) link between smoking and cancer.
7. Every year thousands of students come to London to (     ) their English.
8. Meetings are a (     ) of time.
9. We've seen an enormous (     ) in the number of businesses using the Web.
10. Don't (     ) - she'll be all right.
11. The police planned to (     ) by the back door.
12. Messages from the (     ) are carried by the central nervous system.
13. Teachers are shown how to carry out many simple (     ).
14. Your room is (     ) compared to mine.
15. Many women do hard manual (     ).

# DAY 1

## WORDS TO LEARN

 Match each definition (A – O) with today’s vocabulary word (1 – 15)

### DEFINITIONS

- A. *a scientific test done to find out how something reacts under certain conditions*
- B. *work, especially physical work*
- C. *worried that something bad might happen*
- D. *extremely large*
- E. *how heavy someone or something is*
- F. *to come or go into a place*
- G. *to briefly speak about something or someone*
- H. *to be anxious about someone or something*
- I. *the organ inside your head that controls how you think*
- J. *a situation in which you can choose between several things*
- K. *to make something better*
- L. *with nothing between*
- M. *a bad use of something useful, such as time or money*
- N. *an increase in amount, number, or size*
- O. *to think that something is likely to be true*

1. afraid
2. weight
3. mention
4. suppose
5. choice
6. direct
7. improve
8. waste
9. growth
10. worry
11. enter
12. brain
13. experiment
14. huge
15. labor



 Listen and repeat after your teacher without reading the text.

Gap-filling Exercise

Fill each gap with today's vocabulary words.

1. *The costs involved in building a spacecraft are .....*
2. *Many wines ..... with age.*
3. *He ..... that he liked skydiving.*
4. *Being unemployed is such a waste of his talents.*
5. *The cost will depend on the amount of ..... involved.*