





EXERCISE A: Match the idioms in column A with their meanings in column B.

A	В
1. keep up with the Joneses	a. to spend more money than what you make
2. keep up appearances	b. to have extravagant preferences that one/you could hardly afford
3. champagne taste on a beer budget	c. to just have enough money to buy food and other essentials for survival
4. living beyond one's means	d.to try to own the same expensive objects and do the same things as your friends or neighbours
5. live from hand to mouth	e. to pretend that things are all right even though they are not

keep up appearances

EXERCISE B: Complete the following sentences by filling in the appropriate idioms.

lives beyond her means

keep up with the Joneses

live from hand to mouth champagne taste on a beer budget 1. Even when Annie and Rick's marriage failed, they still _____. 2. It's a sad fact that most families in poor countries 3. Kara always buys expensive things which she could hardly afford. She definitely has a ______. 4. We don't have to _____. Think about it. We're happy, they're not. 5. Dana just to keep up with her rich friends. **EXERCISE C: Make sentences using the learned idioms. EXERCISE D: Answer your teacher's questions.** 1. How do you describe your lifestyle? Is it healthy or unhealthy? 2. Do you do any exercises to stay healthy? 3. What kind of food do you prefer; healthy but not tasty or tasty but not healthy? 4. What do you consider healthy food? 5. What is your attitude towards smoking? How do you deal with stress? 6. Does stress make you gain or lose weight? 7. What are the healthy ways you do to keep yourself from stress? Are they effective? 8. Aside from going to the gym, what other physical exercises do you do to combat stress? 9. Do you consider yourself a health buff?

10. What are some necessary changes do you think you need to maintain or keep a healthy lifestyle?









EXERCISE A: Match the idioms in column A with their meanings in column B.

A B

- 1. a face only a mother can love
- 2. skin and bones
- 3. not a hair out of place
- 4. looks like a million bucks
- 5. dressed to kill

- a. to look exceedingly good
- b. the appearance is very tidy and clean
- c. someone who is very thin or too thin
- d. an indirect way of saying that a person is ugly or unattractive
- e. to wear stylish or very attractive clothes to make people notice you

EXERCISE B: Complete the following sentences by filling in the appropriate idioms.

dressed to kill

a face only a mother can love looks like a million bucks skin and bones not having a hair out of place

1. She came back, even with the storm outside.	
2. I've never seen Lily like that before. With that nicely done hair and flowing dress, she	
3. Tina hardly eats which makes her nothing but	
4. Ali wanted to impress her colleagues so she went to the party	
5. No one wants to befriend Jane because she has	
EXERCISE C: Make sentences using the learned idioms.	
1	
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3	
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EXERCISE D: Answer your teacher's questions.	
1. What is your definition of beauty? Who do you think is the most beautiful person in the world?	
2. Is physical beauty important?	
3. Which is more important; physical beauty or intelligence? Why?	
4. Does physical attractiveness contribute to one's success?	
5. Are beautiful people most likely to get more opportunities in life than those who are not?	
6. How are physically attractive people treated in your country?	
7. Do you think people spend too much time and money on beauty?	
8. How do you see people who undergo cosmetic surgery or those who wear make up?	
9. Do you want to be more attractive? Are you willing to go under the knife?	
10. Do you believe in the saying; "Beauty lies in the eye of the beholder."	



EXERCISE A: Match the idioms in column A with their meanings in column B.

Α	В
1. go bananas	a. a concise or brief explanation
2. spill the beans	b. something that you're interested in
3. in a nutshell	c. to disclose a secret information to people
4. cup of tea	d. something which is very easy to do
5. piece of cake	e. to get really angry or excited

spilled the beans

EXERCISE B: Complete the following sentences by filling in the appropriate idioms.

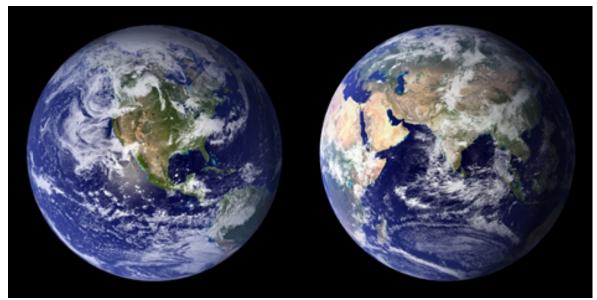
go bananas

in a nutshell

	ріесе от саке	cup or tea	
 James almost I can do this e Rock music is 	nitely a : a even with my eyes close simply not my , this book	bout the town may ed. It's a	t that I got her these shoes! or's extramarital affairs. !
EXERCISE C: Ma	ake sentences using th	ne learned idioms.	•
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	nswer your teacher's q		
1. Do you cook?	Can you cook well? If y	es, what food do yo	ou cook the most often?
2. Do you drink	milk/tea/coffee every d	lay?	
3. What is your f	avorite dish? Tell me ho	ow to make it.	
4. What was the	most disgusting food y	ou have had to eat	:?
5. What foods a	re traditionally eaten at	: birthdays / weddir	ngs / funerals in your country?
6. Have you eve	r used food for someth	ing other than eatir	ng?
7. Which countr	y do you think has the	strangest eating ha	bits?
8. Would you ev	er eat live maggots? W	hat if you were give	en \$1000 to do that?
9. If you were liv	ring abroad, what food	would you miss mo	ost from home?
10. What foods	are considered unhealt	hy?	







EXERCISE A: Match the idioms in column A with their meanings in column B.

A

1. hit the road	a. to start a journey
2. itchy feet	b. someone in a car who tells the driver what to do and how to drive or someone who gives unwanted advice
3. miss the boat	c. to lose a chance to do something by not taking action quickly
4. in the same boat	d. finding it very difficult to stay in one place and loving the idea of traveling and exploring new places
5. backseat driver	e. in the same unpleasant situation as someone else

В

EXERCISE B: Complete the following sentences by filling in the appropriate idioms.

	in the same boat	missed the boat	THE HOAD	
2. We need to g 3. Seeing these 4. I managed to	are They et there as early as possible s pictures of your trip to Japar register for the bike race thi ometimes be a	so, let's n gives me s weekend but I nearly _	·	ecides to tag along.
EXERCISE C: M	ake sentences using the lea	arned idioms.		
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EVEDCISE D. A.	newer your toacher's quest	ions		

EXERCISE D: Answer your teacher's questions.

- 1. Describe the best trip you ever took. Where did you go? Who did you travel with? What did you do?
- 2. Where did you spend your last vacation? What did you do?
- 3. When you were a child, did your family take trips? Did you always go to the same place or different places?
- 4. What three countries would you most like to visit? Why?
- 5. When you travel, do you try to speak the local language?
- 6. Do you prefer winter vacations or summer vacations? Why?
- 7. Have you ever taken a package tour? If so, talk about your experience.
- 8. Would you like to take a cruise? Why or why not? Have you ever hitchhiked? If so, where were you and how was this experience?
- 9. What type of accommodations do you prefer when you travel?
- 10. Where will you go on your next vacation and what three countries would you least likely visit? Why?







EXERCISE A: Match the idioms in column A with their meanings in column B.

A B

1. fight like cats and dogs a. to strike somebody very hard and repeatedly

2. fight tooth and nail b. a hard struggle agaisnt very unfavorable conditions

3. uphill battle c. to fight with ferocity and force

4. road rage d. violent driving behavior towards another driver

5. beat the living daylights e. to angrily argue most of the time

EXERCISE B: Complete the following sentences by filling in the appropriate idioms.

fought tooth and nail road rage beat the living daylights fight like cats and dogs uphill battle

1. The two girls 2. The company is facing an 3. Jim threatened to 4. Mr. and Mrs. Smith 5. The old woman died after she	now that they're or out of the boy who be but they still choose to st	ullied his brother. ay together.
EXERCISE C: Make sentences u	ising the learned idioms.	
1		
2		
3		
4		
5		

EXERCISE D: Answer your teacher's questions.

- 1. What is domestic violence and sexual violence?
- 2. What is stalking? Were you ever stalked?
- 3. What should you do if you were a victim or a survivor of violence or if someone you care about is also a victim?
- 4. Do you believe that public executions would deter crime? If so, how?
- 5. Do you drink and drive?
- 6. Do you know someone who has been a victim of a violent crime?
- 7. Do you think abortion is a crime?
- 8. Do you think gun control is a good idea? Explain. Do you think police officers should be allowed to carry guns?
- 9. Do you think people who use illegal drugs should be put in jail?
- 10. Do you think police TV dramas are realistic?

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