

Brain Training - Syllabus (QQ脳トレ英語 - シラバス)

Book 1

Lesson Format (レッスン形式)	1-on-1 / 25 min (マンツーマン / 25分)
Number of Units (単元数)	10 units (10単元)
Number of Lessons (レッスン数)	50 lessons (50レッスン)
Lesson Flow (レッスンの流れ)	1. Greeting and Self-Introduction (挨拶と自己紹介) 2. Introduction (導入) - Connection Check (接続確認), Helpful Phrases (お役立ち表現), Classroom English (授業で使う英語) 3. Warm-up (ウォーミングアップ) - Quiz (クイズ) 4. Today's Topic (本日のトピック) - Vocabulary Practice (語彙の練習), Conversation Practice (会話の練習) 5. Wrap-up (まとめ)

Unit (単元)	Theme (テーマ)	Lesson (レッスン)	Topic (トピック)	Key Expressions (重要な表現)
1	Greetings (挨拶)	1	Basic Greetings 1 (基本的な挨拶 1)	Hello. - Hello. Good morning. - Good morning. Good afternoon. - Good afternoon. Good evening. - Good evening. May I have your name? - I'm [name]. How are you? - I'm good. See you. - See you.
		2	Basic Greetings 2 (基本的な挨拶 2)	Hi. Nice to meet you. - Hi. Nice to meet you too. Hi. It's glad to meet you. - Hi. I'm happy to meet you. Nice to see you again. - Long time no see! How have you been? - I've been busy, and you?
		3	How to Respond 1 (反応の仕方 1)	Hi. I'm your teacher today. - Sorry. Could you please repeat that? Can I borrow your pen? - Sure. I won the lottery! - Unbelievable! That's amazing! What is the title of the movie? - I'm not sure. How do we solve this math problem? - I have no idea.
		4	How to Respond 2 (反応の仕方 2)	Did you hear about the new movie? - Uh-huh. I saw the trailer yesterday. I just finished reading a 500 page book in two days. - Really? That's fast! I dropped my wallet yesterday. - That's too bad. Let's go to the cafeteria for coffee. - Sounds good. Today is my birthday. - No way! Me too.
		5	Review - Unit 1 (単元 1 の復習)	Review of expressions learned in the previous four lessons (これまでの4レッスンで学んだ表現を復習)
2	Hometown (出身地)	1	Prefectures (都道府県)	What is Hokkaido famous for? - Hokkaido is famous for its Snow Festival. What is Osaka known for? - Osaka is known for its Takoyaki. Where is Fukuoka? - Fukuoka is located in Kyushu. What does Okinawa have? - Okinawa has beautiful beaches. Where did you grow up? - I grew up in Tokyo. Where did you move to? - I moved to Hiroshima. Where did you stay? - I stayed in Kyoto. When did you leave Akita? - I left Akita in 2020. What is Nagoya like? - Nagoya is a big city. What is Gifu like? - Gifu is a rural area. What is Hyogo like? - Hyogo is an urban area.
		2	Famous Foods (有名な食べ物)	What is this dish called? - This is called tempura. What is this? - It is a traditional dish. What is miso made from? - Miso is made from soybeans. What is sushi made with? - Sushi is made with rice and fish. Should I try soba in Nagano? - Soba is a must-try dish. What should I eat in Tochigi? - You should eat gyoza. What do you recommend? - I recommend udon. What famous Japanese food do you like? - I love okonomiyaki in Osaka.
		3	Famous Spots and Events (有名な場所やイベント)	What can I see in Yamanashi? - You can see Mt. Fuji. How was Kyoto? - Kiyomizu Temple was impressive. Is Universal Studios Japan in Tokyo? - No, Universal Studios Japan is in Osaka. When is the Nebuta Festival? - The Nebuta Festival is in August. Where did you go? - I went to the Yosakoi Festival. What did you see? - I saw the Snow Festival.
		4	The City I Lived in (過去に住んだ街)	What did the city have? - The city had an aquarium. Were the streets clean? - The streets were clean. Where was the bank located? - The bank was behind my house. How were your neighbors? - I had quiet neighbors. How was your neighborhood? - It was noisy.
		5	Review - Unit 2 (単元 2 の復習)	Review of expressions learned in the previous four lessons (これまでの4レッスンで学んだ表現を復習)

3	Self-Introduction (自己紹介)	1	Work and Skills (仕事や得意なこと)	What do you do for work? - I work as a nurse. What do you do for work? - I work as a teacher. Where did you work? - I worked in an office. What do you specialize in? - I specialize in management. What are you good at? - I'm good at gardening. What are you good at? - I'm good at swimming. Can you play the piano? - Yes, I can play the piano.
		2	The Place You Live in (住んでいる場所)	Where are you from? - I'm from Osaka. Where are you from? - My hometown is Tokyo. Where are you from? - I was born and raised in Kyoto. Where do you live? - I live in Tokyo. Where do you live? - I live in an apartment. How long have you been living in Tokyo? - I have been living in Tokyo for five years. How's your neighborhood? - My neighborhood is friendly.
		3	Family and Pets (家族やペット)	How many people are in your family? - I have a family of four. Do you have any siblings? - I have a brother. Do you have any siblings? - No, I'm an only child. What does your family do? - My husband is retired. Do you have any pets? - I have a cat. What's your pet's name? - My dog's name is Max. What does your pet like to do? - My pet loves to sleep.
		4	Things You Like to Do (好きなこと / ハマっていること)	What do you like to do in your free time? - I like gardening. What are your hobbies? - My hobby is traveling. What are you into? - I'm into reading books. What are you passionate about? - I'm passionate about hiking. Did you start something new? - I started cooking recently. Do you regularly do something? - I regularly go jogging.
		5	Review - Unit 3 (単元 3の復習)	Review of expressions learned in the previous four lessons (これまでの4レッスンで学んだ表現を復習)
4	Feelings / Physical Conditions (気持ち / 体調)	1	Emotions (感情)	How are you today? - I'm relaxed today. Are you curious about anything? - I'm curious about your new pet. Are you excited about anything? - I'm excited about the trip. What are you confused about? - I'm confused about the schedule. Are you bored with something? - I'm bored with the movie. What are you scared of? - I'm scared of dogs.
		2	Daily Feelings (日常の気持ち)	Let's have lunch. - Sure. I'm hungry. Do you want to have some dessert? - No, I'm full. How was the movie? - I was satisfied with the movie. How are you feeling after a long day? - I'm comfortable in my bed. How's the temperature in this room? - I'm feeling hot in this room. How was the concert? - I was disappointed with the concert. I'm so sleepy. - Me too. I'm sleepy after lunch. I bought a new car. - I'm jealous of you.
		3	Physical Conditions (体調)	How are you feeling? - I'm not feeling well. Is your condition getting better? - Yes, I'm getting better. I think I have a cold. - Take care. Are you feeling better now? - No, I'm suffering from a fever. Are you feeling well? - No, I'm feeling dizzy. I have a headache. - Did you take your medicine? How's your appetite? - I have no appetite.
		4	Symptoms (症状)	Your eyes look red. - My eyes are itchy. Do you have any allergies? - I'm allergic to eggs. How are you feeling today? - I can't stop coughing. My nose is runny. - Take care. I have a fever. - I hope you get well soon. How are you doing? - My neck hurts. What kind of pain is it? - I have a sharp pain.
		5	Review - Unit 4 (単元 4の復習)	Review of expressions learned in the previous four lessons (これまでの4レッスンで学んだ表現を復習)
5	Review 1 (総まとめ 1)	1	Review - Unit 1 (単元 1の復習)	Review of expressions learned in Unit 1 (単元 1で学んだ表現を復習)
		2	Review - Unit 2 (単元 2の復習)	Review of expressions learned in Unit 2 (単元 2で学んだ表現を復習)
		3	Review - Unit 3 (単元 3の復習)	Review of expressions learned in Unit 3 (単元 3で学んだ表現を復習)
		4	Review - Unit 4 (単元 4の復習)	Review of expressions learned in Unit 4 (単元 4で学んだ表現を復習)
		5	Review - Unit 1~4 (単元 1~4の復習)	Review of expressions learned in Unit 1~4 (単元 1~4で学んだ表現を復習)
6	Weather / Seasons (天気 / 季節)	1	Weather (天気)	How's the weather today? - It's sunny today. How's the weather outside? - It's showery outside. The sky looks very cloudy. - Yes, it does. It's cold today. - The air is chilly. It's a dry day. - It's a good day for a walk. What's the weather like? - It's going to be rainy. It's cold today. - Yes, it snowed all night.
		2	Temperature (気温)	What's the temperature today? - It's about 30 degrees. What's the temperature today? - It's about minus 5 degrees. The temperature will go up to 36 degrees. - No way! It's really hot this summer. - I don't like humid weather. How's the weather in summer? - I feel like I'm melting. How's the weather in winter? - It's freezing in winter.
		3	Seasons (季節)	What's your favorite season? - I love spring the most. When does spring start? - Spring starts in March. Summer is great for trips. - Right. I'm on summer vacation. - Sounds good. It's cold outside. - Winter is around the corner. Are you planning something? - I'm planning a winter vacation.
		4	Seasonal Features (季節の特徴)	What do you do in spring? - I enjoy cherry blossom viewing. What do you like about spring? - I like the fresh air. What's summer like? - It's really hot and humid. What's your favorite summer activity? - I like getting a tan. The fall leaves are beautiful. - That's true. There is snow on the ground. - It's icy and slippery in winter.
		5	Review - Unit 6 (単元 6の復習)	Review of expressions learned in the previous four lessons (これまでの4レッスンで学んだ表現を復習)

7	Food (食べ物)	1	Food You Like (好きな料理 / 食べ物)	Do you like Vietnamese food? - No, I don't. What kind of food do you like? - I like Italian food. What is your favorite food? - My favorite food is pizza. What kind of pizza do you like the most? - I like pizza with mozzarella the most.
		2	Food You Dislike (苦手な料理 / 食べ物)	Do you dislike Vietnamese food? - No, I don't. I dislike American food. Is there anything you don't eat? - No, there isn't. I can eat anything.
		3	Taste (味)	How is the food? - It's tasty. How does it taste? - It tastes sweet. And it tastes mild. What does it taste like? - It tastes like honey. What is the texture like? - It's fluffy.
		4	Reasons for Likes and Dislikes (好き嫌いの理由)	Why is Thai food your favorite? - It's my favorite because it has a lot of variety. Why do you like that curry? - I like it because it has a rich flavor. And it tastes good to me, so I love it. What don't you like about Mexican food? - I don't like it because I'm not used to it.
		5	Review - Unit 7 (単元 7 の復習)	Review of expressions learned in the previous four lessons (これまでの4レッスンで学んだ表現を復習)
8	Interests (興味のあること)	1	Favorite Person (お気に入りの人物)	Who is your favorite person? - My favorite person is Michael Jackson. I'm a fan of him. What does he do? - He is a famous singer. Why do you like him? - I like him because he is talented. I respect him.
		2	Sports You're into (ハマっているスポーツ)	Are you interested in any sports activities? - Yes, I'm interested in sports activities. What are you into? - I'm into golf. Why are you into golf? - I'm into golf because it's a good workout. What's interesting about it? - It's a challenging sport.
		3	Familiar News (身近なニュース)	What news do you usually check? - I usually check local news. Do you have any personal news lately? - Yes, I visited the new park. What was it like? - It was busy. There were many people. Did anything interesting happen to you lately? - I started a new hobby. It's photography.
		4	Japanese Event (日本の行事)	Do you have special events in Japan? - Yes, there are special events in Japan. What is your favorite event? - My favorite event is hanami. What do you do at hanami? - We enjoy a picnic under the cherry tree at hanami. What is the best season for hanami? - It's spring.
		5	Review - Unit 8 (単元 8 の復習)	Review of expressions learned in the previous four lessons (これまでの4レッスンで学んだ表現を復習)
9	Favorite Things (好きなもの)	1	Things You Like (好きなもの / こと)	What do you like? - I love movies. What kind of movie do you like the most? - I like action movies the most. What do you like to do on your days off? - I like to jog on my days off. Where do you like to jog? - I like to jog by the river.
		2	What You Did over the Weekend (週末にしたこと)	How was your weekend? - It was busy. What did you do over the weekend? - I cleaned the house and the car. Where did you go over the weekend? - I went to the library. Did you go there with someone? - Yes, I went there with my grandchild. I spent quality time with her.
		3	Places You Often Go to (よく出かける場所)	Where do you often go to exercise? - I often go to the gym. When do you often go there? - I often go there in the evening. How often do you go there? - I go there twice a week. Where do you like to go? - I like to go hiking. Who do you like to go with? - I like to go alone.
		4	Things That Are Important to You (大切にしているもの / こと)	What is important to you? - I love my family. What is the most important thing to you? - My pet is the most important thing to me. Why is your pet important to you? - My pet is important because it makes me happy. My pet cheers me up.
		5	Review - Unit 9 (単元 9 の復習)	Review of expressions learned in the previous four lessons (これまでの4レッスンで学んだ表現を復習)
10	Review 2 (総まとめ 2)	1	Review - Unit 6 (単元 6 の復習)	Review of expressions learned in Unit 6 (単元 6 で学んだ表現を復習)
		2	Review - Unit 7 (単元 7 の復習)	Review of expressions learned in Unit 7 (単元 7 で学んだ表現を復習)
		3	Review - Unit 8 (単元 8 の復習)	Review of expressions learned in Unit 8 (単元 8 で学んだ表現を復習)
		4	Review - Unit 9 (単元 9 の復習)	Review of expressions learned in Unit 9 (単元 9 で学んだ表現を復習)
		5	Review - Unit 6~9 (単元 6~9 の復習)	Review of expressions learned in Unit 6~9 (単元 6~9 で学んだ表現を復習)