

# DAILY ENGLISH

**A04**

His habit of smoking causes him many problems.

A close-up photograph of a person's hand holding a lit cigarette. The hand is positioned on the right side of the frame, with the index and middle fingers gripping the cigarette. The cigarette is lit, with a small flame and a trail of white smoke rising from the tip. The background is a soft, out-of-focus green, suggesting an outdoor setting. The overall tone is contemplative and slightly somber.

## *Lead-in*

1. Do you smoke?
2. Why is it difficult to quit smoking?



## Target Language

▼ In this lesson, we will learn:

### Grammar Focus

addiction to/ habit of + gerund (verb-ing)

### Daily Expression

His habit of smoking causes him many problems.

# Picture Description

▼ Tell what you see in the pictures below.



A



B

# Pronunciation and Matching

▼ Read the example sentences.

1. He has a habit of biting his nails.
2. He is now fighting his addiction to using illegal drugs.

▼ Match the sentences with the corresponding pictures.



## Conversation

▼ Listen to the conversation.

Bob: I worry about our friend, John. His **addiction to smoking** has become serious.

Ben: Yeah, right. His **habit of smoking** causes him many problems.

Bob: Can you believe that he smokes two packs of cigarettes a day?

Ben: We should do something about it. He is our friend after all.

### Questions:

- Why does Bob worry about their friend?
- How does Ben think about it?
- How bad is John's smoking habit?

## Grammar Focus

▼ Read the grammar structure.

addiction to/ habit of + gerund (verb-ing)

He has a **habit of biting** his nails.

He is now fighting his **addiction to using** illegal drugs.



# Grammar Check

▼ Listen to the sentences and tick the corresponding pictures.





# Grammar Check

▼ Read the words/phrases and tell if they are **habits** or **addictions**.

**habit**

**addiction**

smoking

reading books

playing sports

drinking coffee

sleeping

shopping

exercising

gaming

drinking alcohol

gardening

## Daily Scene

Imagine yourself as a doctor and read the information about your patients. Describe their **habits** and **addictions** using the learned expressions.

R<sub>x</sub> John

- doesn't have time to clean his room
- doesn't have time for meals
- watches the television all the time

R<sub>x</sub> Jane

- sometimes reads a book
- likes cooking for the family
- often shops for food

R<sub>x</sub> Sam

- always drinks coffee
- cannot live without drinking beer
- always looks for alcoholic drinks

R<sub>x</sub> Stella

- likes to watch movies on Sundays
- wants to watch at least 2 movies
- likes to eat while watching movies