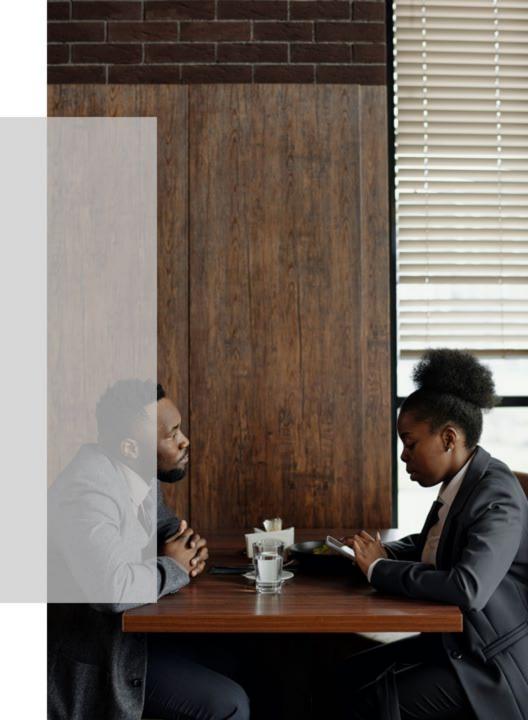


LEARNING GOALS

- Asking for and Giving Suggestions
- Showing Encouragement



What would you say?

Scenario: Your co-worker is demotivated because of excessive work load and inconsistent work schedules.

What should I do?

Situational Dialogue

Selena shares her demotivation with Jordan.









Key Vocabulary

Learn the new words and answer the questions.



insulting

(adj.) rude or offensive



streamline

(v.) to change something so that it works better, esp. by making it simpler



batch

(v.) to arrange (things) in sets or groups

e.g. She can't focus because of the insulting feedback she received.

e.g. She doesn't have anything to do after she streamlined her tasks.

e.g. You have to batch your tasks for you to work more efficiently.

Dialogue Review

Have a role play and answer the questions.



Selena shares her demotivation with Jordan.

Selena: I feel stressed out lately due to the rapid increase in clients. I could hardly manage my time. I am unable to keep up and meet everyone's demands resulting in **insulting** complaints from clients. I don't know what to do now. How would you handle this situation, Jordan?

Jordan: If I were you, I would **streamline** my processes. It's quite a time saver if you **batch** your tasks. Just remain calm and stay professional.

Take your time. I believe you can make it, Selena!

Selena: Thank you so much, Jordan. It means a lot to me.

Learning Goals

Let's check the learning goal!



Selena shares her demotivation with Jordan.

(6) 1. Asking for and Giving Suggestions

Selena: I feel stressed out lately due to the rapid increase in clients. I could hardly manage my time. I am unable to keep up and meet everyone's demands resulting in insulting complaints from clients. I don't know what to do now. How would you handle this situation, Jordan?

Jordan: If I were you, I would streamline my processes. It's quite a time saver if you batch your tasks. Just remain calm and stay professional.

Take your time. I believe you can make it, Selena!

Selena: Thank you so much, Jordan. It means a lot to me.



2. Showing Encouragement



Learning Goals

Learn the key expressions and sentence structures.

... Asking for and Giving Suggestions

Asking for Suggestions

- How would you handle this situation?
- What would you advise me to do?
- How would you approach this?

Giving Suggestions

- > If I were you, I would...
- > I would strongly advise you to ...
- One way would be to ...

Example Sentences:

- How would you handle this problem? If I were you, I would talk to the clients first.
- What would you advise me to do with this issue? I would strongly advise you to look for the root first.
- How would you approach this? One way would be to discuss everything with the team.



Learning Goals

Learn the key expressions and sentence structures.

... Showing Encouragement

- Take your time. I think you're doing very well.
- Keep going and you'll get there.
- I believe you can deal with + (noun).

Example Sentences:

- Take your time. I think you're doing very well.
- Keep going and never give up. You'll surely get there.
- I believe you can deal with this issue efficiently.
- I believe you have the ability to solve this problem.

Here are some ways to encourage someone:

- notice other people's achievement
- share positive thoughts
- praise even small progress
- introduce other people's achievement or progress



Semi-open Dialogue

Have a role play.

Scenario: Your colleague is feeling demotivated because of an error she accidentally committed. Motivate her by giving suggestions and showing encouragement.



.:: You can refer to the following steps:

- How would you handle this situation?
- If I were you, I would ...
- I believe you can deal with + (noun)

.:: The 3R's of Habit Formation



The cue or trigger that starts the habit.

e.g. You see a commercial about food.





The benefits you gain from doing the habit.

e.g. You eat the food.

The action you take.
The habit itself.

e.g. You go to the kitchen and find food.



Overview

Keywords and expressions:

insulting/ streamline/ batch

How would you handle this situation? - If I were you, I would ...
What would you advise me to do? - I would strongly advise you to ...
How would you approach this? - One way would be to ...

Take your time. I think you're doing very well. Keep going and you'll get there.

I believe you can deal with + (noun).

