

Topic

Conversation
for Intermediates



B3



Describe
the pictures.





Today's Topic

Food

Food is something that people and animals eat to keep them alive.



TARGET LANGUAGE

In this lesson, we will learn **about food**:

- learn words/expressions/phrases related to the topic;
- make sentences related to the topic;
- answer questions and share ideas related to the topic.

Key phrases:

eat out

allergies

pot luck

super-size

I Key Sentences

Read and share your opinions

1. We eat out twice a week.

Q1. What food does your favorite restaurant serve?

Q2. How much does it cost to eat in a regular restaurant in your country?



I Key Sentences

Read and share your opinions

2. I have seafood **allergies**.

Q1. When someone has an allergy, what must he/ she do?

Q2. Should we know the ingredients of what we're eating? Why or why not?



I Key Sentences

Read and share your opinions

3. I'm bringing spaghetti to our **pot luck** lunch this Sunday.

Q1. When preparing a potluck, do you consider the color of the food/ ingredients?

Q2. If you get together with your relatives soon, what food would you most likely bring?



I Key Sentences

Read and share your opinions

4. I'd like to get a **super-size** fries with my combo meal.

Q1. Should we have limitations on the food we eat?
Why or why not?

Q2. How about you, do you look after the size
of the food you eat every meal?



Vocabulary

Read the definitions and make sentences with the words.



eat out

to eat outside especially at a restaurant



pot-luck

an informal meal where guests bring a different dish that is then shared with the other guests



allergies

a medical condition that causes someone to become sick after eating, touching, or breathing something



super-size

describes something that is much bigger than the normal size

Vocabulary Check

Choose the correct words to complete the sentences.

pot luck

allergy

super-size

eat out

1. _____ meals are often offered in fast food restaurants.
2. My sister has an _____ with flowers. It makes her sneeze a lot.
3. We invited all the neighbors over for a _____ supper last night.
4. I prefer to eat at home because it's expensive to _____ at a restaurant.

I Review

Fill in the blanks with the given letter.

There's a saying that goes, "Nothing brings people together like good food." Whenever we have gatherings with our friends and families, it is always better to have food to share with. For some, they like to eat at home with friends by having a **p** 1 so people can taste their special dishes. While others **e** 2 in a restaurant for convenience because they don't need to cook any meal. Either way, we should always be mindful of what we are eating especially if we have some food **a** 3. We should also avoid **s** 4 servings to prevent wasting food and getting fat.

Free Talk

Read the facts and share your opinions.

Different Types of Eating

Fuel Eating is when you are eating foods that supports your body and needs. This is a clean eating.

Fun Eating is when you eat food simply because it tastes good even though it's not good for your body.

Fog Eating is eating when you are not hungry, when you are distracted or when you are stressed.

Storm Eating is eating when you are not hungry and you want to stop but you feel like you can't control yourself.

I belong to _____.

I should avoid _____ because _____.

I think the best type of eating is

_____ because _____.

Free Talk

Read the question and share your opinions.

What's your current eating habits?

My bad eating habits are...

eating junk foods a lot.

_____.

_____.

_____.

I must improve my eating habits by...

eating more vegetables.

_____.

_____.

_____.