



Today's Topic

Sports



Sports are games or physical activities which need physical effort and skill.

TARGET LANGUAGE

In this lesson, we will talk about sports:

- learn words/expressions/phrases related to the topic;
- make sentences related to the topic;
- answer questions and share ideas related to the topic.

Key phrases:

athlete
amateurs
stadium
give it your best shot
coach

Read and share your opinions.

1. She became a professional athlete at the age of 16.

- Q1. Who do you think is the best athlete in your country?
- Q2. What should one do to become an athlete?



Read and share your opinions.

 This tennis tournament is open to both amateurs and professionals.

- Q1. How do amateur players differ from professional players?
- Q2. Do you want to be an amateur player or a professional player? Why?



Read and share your opinions.

Thousands of fans packed into the stadium to watch the match.

- Q1. Which one do you prefer, watching sports at the stadium or at home on TV?
- Q2. How often do you watch sports matches?



Read and share your opinions.

4. Give it your best shot and you will make it to the finals.

Q1. In which situation, do you give your best shot?



Read and share your opinions.

5. My uncle is a football coach.

Q1. What does a football coach do?

Q2. What qualifications do you think a coach should have?



Vocabulary

Read the definitions and make sentences with the words.



athlete

someone who is good at sports and takes part in sports competitions





stadium

a large building, usually without a roof, where people watch sports events.



give it your best shot do your best

a person who takes part

pleasure, not as a job

amateur

in an activity for



coach

someone who trains a person or team in a sport



Vocabulary Check

Choose the correct words to complete the sentences.

amateurs athlete stadium coach give it your best shot

- 1. This tennis tournament is open to both _____and professionals.
- Some of my high school friends are _____ now.
- 3. Flags of all the participating countries are flying outside the _____.
- 4. I probably won't win the game, but I'll _____.
- 5. My soccer _____ is extremely great.

Review

Fill in the blanks with the given letter.

Sports have long been a part of our lives. We play sports for different reasons. Most young people play sports for fun, academics, or to have a chance to watch their favorite a 1 play in a s 2. Sports also give a 3 players an opportunity to improve their skills and increase their confidence with the help of a team c_4 . It enables them to g_5 in the game. Most importantly, sports help us reduce stress and increase feelings of physical and mental well-being.

Free Talk

Guess the names and types of sports and give examples.

?

Two teams of eleven people try to win by kicking a ball into the other team's goal.

An athlete jumps out of an airplane in free fall. Then they open their parachutes to return safely to Earth.

It is a long walk in natural environments, often in mountainous or other beautiful land areas.

It uses an inflatable raft to move around on rough water.

Q1. What is the most popular sport in your country?

Q2. Which common or extreme sport do you want to try?

Name

Type

football

common sport

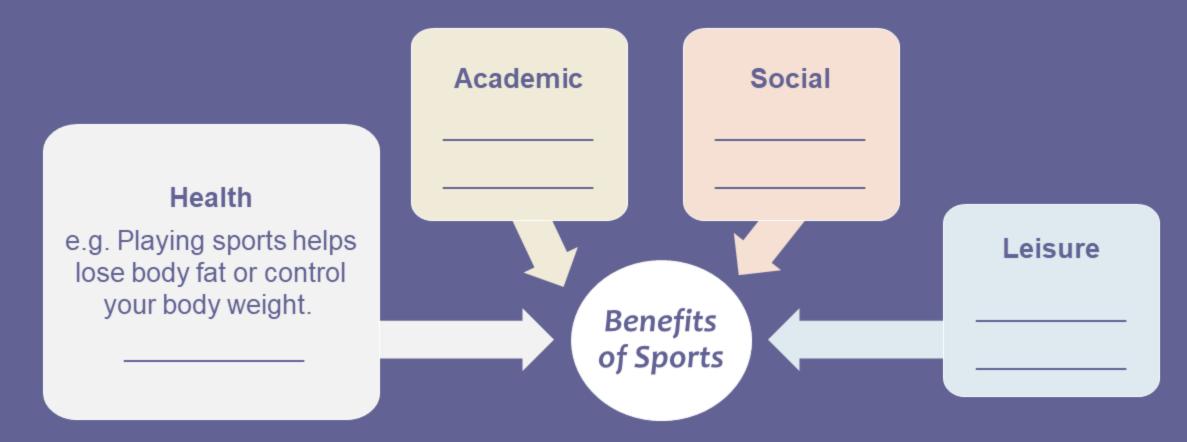






Free Talk

Cite some benefits of sports in different areas.



Q1. What is your main reason for playing sports?