

Which kid has better table manners? Why?





Table Manners

Table manners are the rules we should follow when we eat with other people. Here are some table manners to remember when you eat at home.

Before the meal

- Wash your hands. Also, change into comfortable clothes if you are back from outside.
- Go to the table quickly. Don't take your iPad or phone!
- Help set the table.
- Wait for everyone in the family to come before you start eating.







During the meal

- Sit up straight. Don't put your elbows on the table.
- Use a napkin and keep it on your lap. Wipe your mouth when you need to.
- Never fill your plate or bowl to the brim. Take only what you can finish.
 - Don't waste food.







During the meal

- If your food is too hot, wait for it to cool down. Don't blow on it.
- Be careful with spoons, chopsticks, knives or forks.
 Don't drop food.
- Don't keep your mouth open when you eat.
 Chew the food slowly without making noises. Don't talk with your mouth full.



blowto force air out of your mouth



chewto make food into small pieces using the teeth

- Try everything on your plate. Don't complain of the food or say you don't like it.
- Don't reach for the dishes far from you. Say "Please pass the ...".

t

reach for

to stretch your hand to get something

After the meal

- Help clean the table.
- Say thanks to mum.

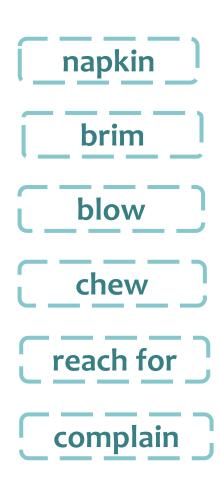
Stop complaining!

complain

to express unhappy feelings about something



Match the words or phrases to their meanings.



- a. a piece of paper to wipe the mouth or hands while eating
- b. to force air out of your mouth
- c. the top edge of a hollow object such as a cup
- d. to express unhappy feelings about something
- e. to make food into pieces using the teeth
- f. to stretch your hand to get something

Useful Dining Expressions.

Examples



Situation	Useful Expression
Ask for something far from you.	Please pass the Could you please pass the
You are given something.	Thank you.
You sneeze in front of others.	Excuse me.
You drop food or hurt someone.	I'm sorry,
You are leaving the table.	Thank you for the (delicious) meal.



What dining expressions do we say in the following situations?

- 1. Mom passes the dish to you.
- 2. You sneeze at the table. _____
- 3. You finish eating your meal. _____

Read and tick the good manners before, during and after the meal.

	Before the meal		
	Wash your hands.	Don't drop food.	
	☐ Help set the table.	☐ Don't take your iPad or phone!	
During the meal			
	☐ Don't blow on hot for	d. Don't talk with your mouth full.	
	☐ Help set the table.	Don't complain of the food.	
	☐ Don't drop food.	☐ If you sneeze, say "Excuse me."	
	☐ Chew the food slowly	without making noise.	
After the meal			
	☐ Wash your hands.	☐ Don't drop food.	
	☐ Help set the table.	☐ Don't take your iPad or phone!	

Talk more.

- 1. What table manners do you follow at home?
- 2. Why are good table manners important?
- 3. Can good manners help you become successful? How?

