

For Advanced Kid Learners

Book 3

Time to Talk

Lesson 2 Good Hobbies for Teens



Warm-up questions.

1. What do you like to do in your free time?
2. Why do you like it?



Read and learn.

Good Hobbies for Teens

We all need hobbies to make our life **more interesting**. Here are some easy and fun hobbies for you to pick.



Read and learn.

Biking

Biking is a good way for us to relax, keep fit and enjoy the fresh air. We can rent a bike and **explore** our city with our family or friends. We will know better about our city.

explore

= to know more things
by travelling

Hiking

Hiking is an **enjoyable** way to exercise our whole body, especially our bones. It's also a healthy way to be in touch with nature. To go hiking, you only need comfortable shoes and clothes. A **backpack** and a water bottle are useful too.

enjoyable

= pleasant; giving joy



backpack

Read and learn.

Reading

Every book can teach us something about the world and give us some **thoughts** and ideas. We can borrow books from a library. We can find free **e-books** on the Internet.



thoughts

Writing

We write a lot at school and it might be the last thing we want to do. But writing in a diary can be good for the soul. Writing your thoughts down can help us relax and think clearly. Of course, we will develop good writing skills too.



e-book

Read and learn.

Cooking

Cooking is an important skill in life. When we cook, we learn to appreciate food. We learn **safety tips** in the kitchen. We also learn how to plan things and how to **manage time**.

Hobbies can be our best friends. Stop playing video games. Say goodbye to watching TV. Pick a hobby and get started.



safety tips

Match the meanings to the words.

explore

a pack used to carry things while walking or hiking

enjoyable

the act of thinking about an idea or opinion, or a set of ideas about a particular subject

backpack

a book that is read on a computer or mobile phone

thoughts

useful information for people to keep safe

e-book

to know more things by travelling

safety tips

something pleasant or giving joy

Grammar



more + adjective (-ing)

Used to compare differences between two things

Examples

We all need hobbies to make our life **more interesting**.

Her news is **more surprising** than his.

Tina's job is **more exhausting** than mine.

+ Give example sentences using “**more + adjective (ing)**”.

1. _____.

2. _____.

Activity

What are these hobbies? What can they do for us?

