

For Advanced Kids Learners

Book 2

# Time to Talk

Lesson 9 Popular Extreme Sports



- Warm-up questions

**What are these sports?**  
**Are these sports dangerous?**





- Read and learn

## Popular Extreme Sports

Nowadays, **extreme** sports are popular all over the world. People like to experience excitement and enjoy the **challenge**. Here are some of them:

### White water rafting

It is an exciting water sport. People, in groups of about eight, ride **rough** water in boats. It is a fun sport **which** needs teamwork. You can practice it with family and friends.



**extreme**

*very difficult and exciting*

**challenge**

*something new and difficult*

**rough**

*having big waves*

- Read and learn

## Free running

It is popular with young people. The sport **involves** running, jumping, climbing, rolling, and many other movements. You don't need any **equipment**. All you need is your own body and the environment **where** you live. You can practice by yourself or with other **trained** people.

**involve**

*to include something in an activity*

**equipment**

*things made, or used, for a particular activity.*

**train**

*to teach skills or actions.*



- Read and learn

## Rock climbing

It is a sport loved by children. In fact, people of all ages learn to do it. Children climb with ropes for safety. Some adults like to climb free. You can do it indoors or outdoors.

Would you like to try one of them?



Indoor rock climbing



Outdoor rock climbing

- Match the word to its correct **synonym**.

extreme

intense

equipment

teach

rough

match

train

include

challenge

not smooth

involve

material



- Grammar

## Which/Where clause ...



*To give additional information to the noun besides it.*

### Examples

It is a fun sport.

This sport needs teamwork.



It is a fun sport **which** needs teamwork.

I like our old house.

We grew up **in** this house.



I like **the old house where** we grew up.

### + Combine the two sentences using “Which/Where clause”

1. The city is beautiful. + I live in the city. = \_\_\_\_\_.

2. She likes the book. + The book is expensive. = \_\_\_\_\_.

- Complete the chart.

	Rock climbing	Free running	Water rafting
			
a. What kind of sport?			water sport
b. How many players?		one or more	
c. What are the equipment?	rope		