Unit 7 O-MO-TE-NA-SHI Japanese Culture

✓ REVIEW

Put the following Japanese into English.

- 1. 禅とは、頭で理解できる概念ではなく、経験してみることが必要な修行です。
- 2. 坐禅とは、禅の修行の中核をなす沈思黙考する修行法です

日本の宗教 Zen and Japanese Culture



1. Repeat the following key words after the teacher, which appear in the text your teacher is going to read.

Key words:

- underlying 基礎をなす
- identify 認める
- medieval 中世の
- confront 立ち向かう
- swordsmanship 剣術
- 2. Listen twice and answer the questions.



QUESTIONS

- 1. Has Zen influenced Japanese culture in any way?
- 2. What is mainly associated with Zen?
- 3. What kind of traditional Japanese arts has been identified with Zen?

茶道 Tea Ceremony (1)



1. Repeat the following key words after the teacher, which appear in the text your teacher is going to read.

Key words:

- rooted in から生まれる
- ritual 儀式
- ceremoniously 儀式ばって
- established 決まった
- purpose-built 特別に建てられた
- detached from から離れた
- rustic 田舎風に飾り気のない
- alcove 床の間
- hanging scroll 掛け軸
- hearth 囲炉裏
- brazier 火鉢
- posture 姿勢
- 2. Listen twice and answer the questions.



QUESTIONS

- 1. What is the tea ceremony?
- 2. Where does it take place?

PRACTICE SENTENCES

Put the following Japanese into English.

- 1. 日本では、禅が日本文化の底流をなす真髄であるといわれています。
- 2. 茶道は、禅の教えに基づいています。
- 3. 茶道は、特別に建てられた茶室で行われます。
- 4. 床の間とよばれるアルコーブがあり、そこに掛け軸か、生け花か、 あるいは両方ともを飾ります。

Conversation Script

Conversation 1

Zen has influenced Japanese culture in many ways. People in Japan describe Zen as the underlying essence of Japanese culture. Simplicity is often associated with Zen and Zen has been identified especially with the traditional arts of medieval Japan, such as ink painting, poetry, flower arranging, gardening and the tea ceremony. Zen also fitted the way of life of the samurai, the Japanese warrior class, in terms of confronting death without fear, for example. Some people also call Zen as 'a religion of will power'. Zen training is equated with Bushido, which is the code of conduct of the samurai, and Kendo, Japanese swordsmanship.

Conversation 2

The tea ceremony, 'cha-do', 'sa-do' or 'chanoyu' in Japanese, is a traditional ritual where powdered matcha green tea is ceremoniously prepared and served to a guest or guests. It is rooted in the principles of Zen Buddhism and meant to welcome guests and to demonstrate respect according to an established order. The ceremony takes place in a purpose-built tea house, called 'cha-shitsu', which is a room separated from the main house. It separates the simple, peaceful space from the noisy, crowded outside world. It is usually small, a typical floor size being 4.5 tatami. Inside the room, there is 'tokonoma', which is an alcove, where a hanging scroll and a flower arrangement are displayed. There is also an open hearth for use in the winter months. You enter the cha-shitsu through a small "crawling-in" door on hands and knees, which is the posture of showing humility.