

# Balut

: is a fertilized duck egg or chicken egg that is boiled alive and eaten in the shell



Balut is a popular Filipino street food which is commonly sold as street food in the Philippines. It has been a trademark of Filipino culture because they can say you can't call yourself Filipino unless you've eaten one. You won't have a hard time looking for this as it's mostly sold on the streets. This type of food is really interesting. You will never forget your trip in Cebu when you eat Balut.

## VOCABULARY

fertilized  
boiled  
trademark  
street food  
shell

## QUESTIONS

1. Would you dare to eat this kind of food? Why or why not?
2. Do you have this kind of strange food in your country?
3. Do you think Balut is an interesting food?

## EXERCISE

Use one of the words or phrases below to complete each of these sentences from the story.

fertilized                      boiled                      trademark                      street foods                      shells

1. Courtesy is the company's \_\_\_\_\_.
2. A hen lays \_\_\_\_\_ eggs for a week if it has mated even once.
3. We \_\_\_\_\_ the eggs for about seven minutes.
4. The chefs have created dishes inspired by traditional \_\_\_\_\_.
5. The female will lay only 4 to 10 eggs, which have leathery \_\_\_\_\_.

# Barbecue ( Larsian)

: a barbecue square -type strip with numerous stalls



If you want an awesome place to look for barbecue, then this is it! You will see many different vendors for barbecue. This is the place to go in Cebu for affordable and delicious barbecue! Foods on all the stalls are grilled in one area of Larsian. The place is pretty loud but you wouldn't mind it as the food is served right in front of you. The only way to eat things here is using your hands but you can still keep your hands clean by putting plastic gloves that will be distributed before you eat.

## VOCABULARY

glove  
stall  
affordable  
distribute  
vendor

## QUESTIONS

1. Do you have this kind of place in your country?
2. Do you go to this kind of place when you eat out?
3. Do you like to eat barbecue? Why or why not?

## EXERCISE

Use one of the words or phrases below to complete each of these sentences from the story.

glove                  stalls                  affordable                  distribute                  vendor

1. Roadsides are full of market \_\_\_\_\_ with fruit, vegetables, meat and other items.
2. Some land could even be sold at discount prices to provide \_\_\_\_\_ housing.
3. They found a street \_\_\_\_\_ selling ice cream.
4. He took off his \_\_\_\_\_ and showed me his hurt hand.
5. He'd been hired to \_\_\_\_\_ leaflets to people who passed by.

# Hanging Rice

: rice, wrapped in banana leaves and steamed to perfection



Puso (hanging rice) is a dish originating from the province of Cebu, Philippines. It is steamed rice cooked in containers made from coconut leaves. It is served by slicing the coco leaves in half exposing the rice.

What makes puso a favorite among Cebuanos is the fact that you do not need the basic kitchen utensils to eat it. You can eat puso by merely holding its banana leaf wrapper.

How to make hanging rice:

1. Cut the coconut leaf.
2. Weave the coconut leaf.
3. Put the rice inside the woven coconut leaf.
4. Boil/Cook your rice inside the woven coconut leaf.

## VOCABULARY

steamed  
utensil  
expose  
wrapper  
weave

## QUESTIONS

1. Describe your favorite food.
2. What is the most unusual thing you've ever eaten? Did it taste good or bad?
3. Do you like finger foods?

## EXERCISE

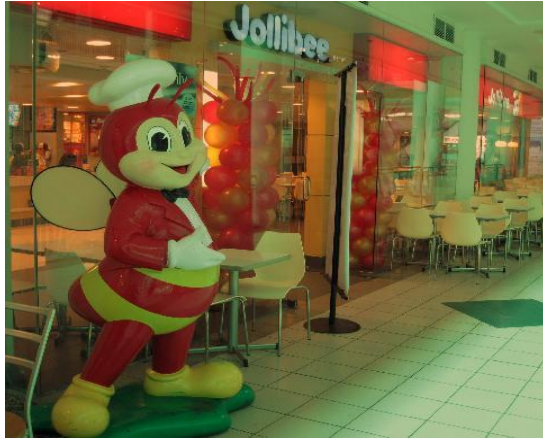
Use one of the words or phrases below to complete each of these sentences from the story.

steamed                      utensils                      exposed                      wrapper                      weaves

1. Josh played with the \_\_\_\_\_ as he ate the Snickers bar.
2. The colors will fade if they are \_\_\_\_\_ to sunlight.
3. We bought a freshly \_\_\_\_\_ dumplings for breakfast.
4. She \_\_\_\_\_ cloth on her loom.
5. We use a different set of \_\_\_\_\_ for cooking that meal.

# Jollibee

: is a Philippine multinational chain of fast-food restaurants headquartered in Pasig City, Philippines



Jollibee is the most famous fast-food in the Philippines – not only to children but also to adults. It's where family memories are made and it also has relaxing interiors that make it even more attractive. If you are a chicken lover then Jollibee fast-food is perfect for you. There's nothing harder than resisting that tasty and crispy fried chicken once it's in front of you.

## VOCABULARY

fast-food  
memory  
interior  
resist  
chain

## QUESTIONS

1. What is the most famous fast-food restaurant in your country?
2. Do you like to eat in a fast-food restaurant?
3. What is your opinion of fast-food restaurants?

## EXERCISE

Use one of the words or phrases below to complete each of these sentences from the story.

fast-food                      memories                      interior                      resisting                      chain

1. Pizza and hamburgers are popular occasional meals and often are served at \_\_\_\_\_ restaurants.
2. I own a hotel, a \_\_\_\_\_ of restaurants, several factories and shares in shipping, insurance and defense.
3. The church roof has been repaired and \_\_\_\_\_ redecoration of the inside will start this year in the New Year.
4. We have pleasant \_\_\_\_\_ of the trip.
5. It was hard \_\_\_\_\_ the temptation to open the box.



# Roasted pig

: a roasted whole pig, or piglet seasoned in spices, cooked in charcoal



One of the most famous national dishes of the Philippines is a whole pig roasted on an open spit called Lechon. Lechon is prepared by stuffing the inside of the animal with herbs and vegetables. The pigs are slowly roasted, usually by hand-turning over hot coals for hours, until their skin becomes crispy and turns reddish brown, while the inside flesh becomes tender and flavorful.

Lechon is served at Christmas and other special occasions such as weddings, family reunions and large parties, where its presence affirms the status of both host and guests.

## VOCABULARY

spit  
stuff  
crispy  
flavorful  
affirm

## QUESTIONS

1. What national dishes from your country would you recommend to the world?
2. Do you think your country's food is the best?
3. What kinds of international cuisine do you like?

## EXERCISE

Use one of the words or phrases below to complete each of these sentences from the story.

spit                      stuffing                      crispy                      flavorful                      affirm

1. Fry the potatoes until they are brown and \_\_\_\_\_.
2. The restaurant's specialty is a lamb roasted on an open \_\_\_\_\_.
3. The students were \_\_\_\_\_ their heads with facts.
4. I like food that is \_\_\_\_\_ as well as nutritious.
5. I cannot \_\_\_\_\_ that this painting is genuine.