

For Advanced Kid Learners

Book 3

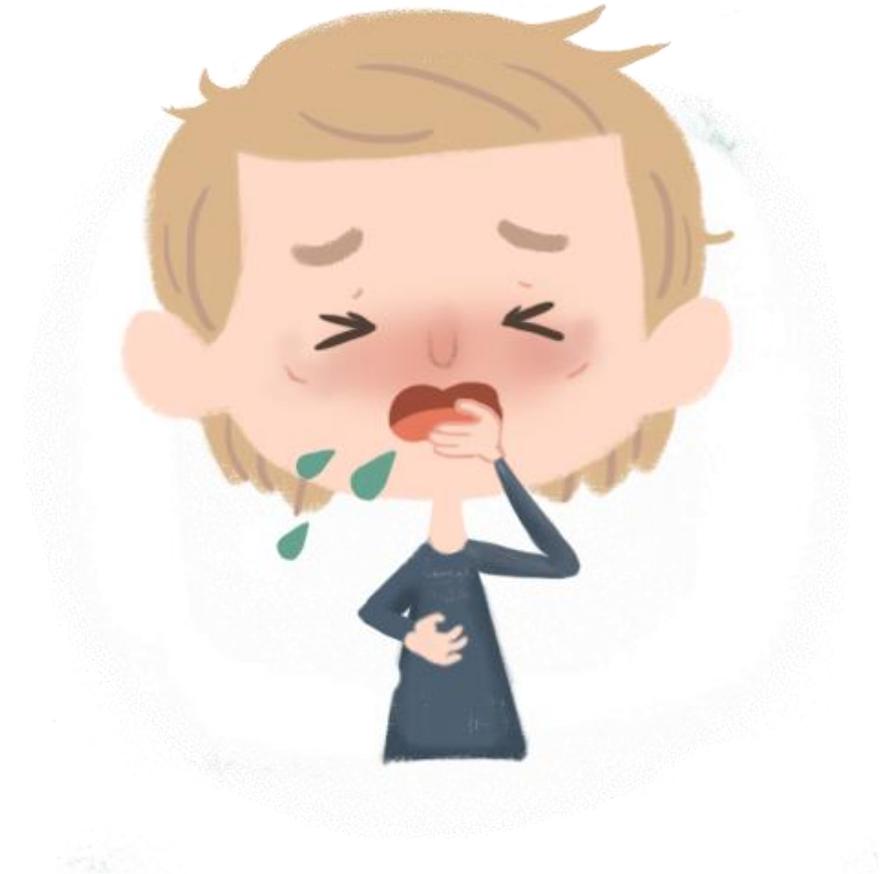
# Time to Talk

Lesson 13 Ahchoo!



**Warm-up question.**

**What is happening to him?**



## Read and learn.

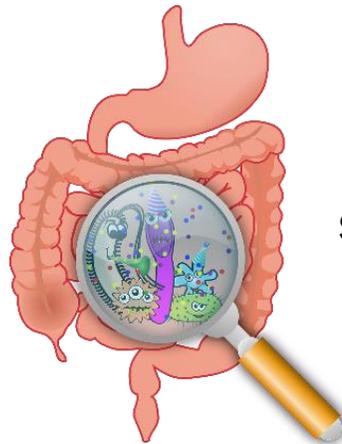
# Ahchoo!

We sneeze because our nose needs cleaning. Sneezing is cleaning our nose so we can keep breathing clean air.

A sneeze can send 100,000 **germs** into the air. So it's important to sneeze with a piece of tissue or our **elbow**. Yes, use your elbow rather than your hands. The germs could pass through our fingers. We could also spread germs as we touch things later.



**tissue**



**germs**

small living things that make people sick



**elbow**

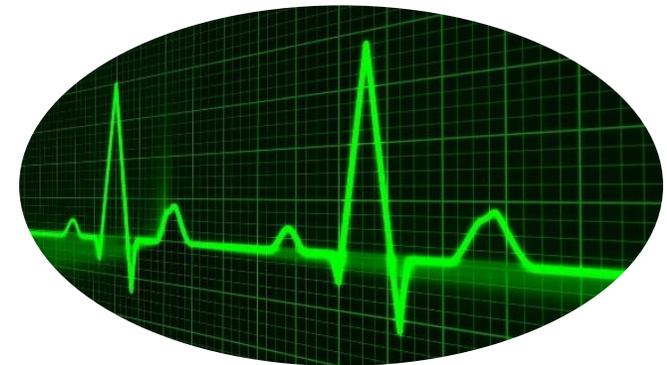
## Read and learn.

We all make some noise when we sneeze. Some people are loud sneezers, others are soft. When we sneeze, air moves out of our nose and mouth as fast as 100 miles an hour. That's the speed of a racing car! The faster the air moves, the louder the sneeze is.

We may feel as if our heart stops when we sneeze, but it doesn't. In fact, the rhythm of our **heartbeat** changes when we sneeze.

### **heartbeat**

-- a single pump of the heart



## Read and learn.

In some Asian countries, when you sneeze, it means someone is talking about you behind your back.

In the West, people say "God bless you" when a person sneezes. There was a belief that when people sneezed, their **soul** got out of their body.

Trying to hold in a sneeze can **hurt** your eyes and ears. So never **control** it.

### **soul**

the spiritual part of a person, believed to exist after death



**hurt** – to cause pain, harm or suffering



**control** -- to stop something from happening

Read and choose the correct words.

heartbeat

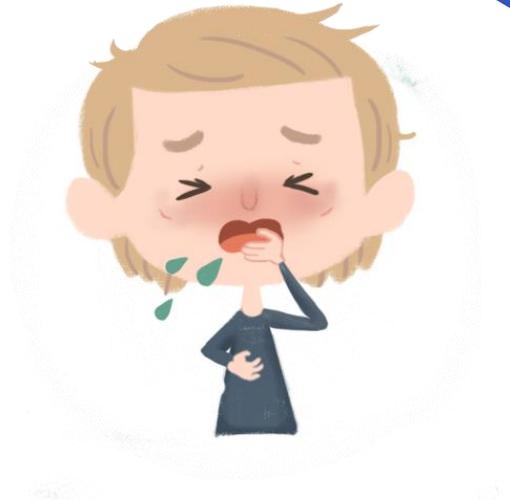
germs

elbow

soul

hurt

control



- \_\_\_\_\_ 1. to stop something from happening
- \_\_\_\_\_ 2. small living things that make people sick
- \_\_\_\_\_ 3. a single pump of the heart
- \_\_\_\_\_ 4. the spiritual part of a person, believed to exist after death
- \_\_\_\_\_ 5. the part between the upper and lower arms
- \_\_\_\_\_ 6. to cause pain, harm or suffering to something or someone

## Grammar



## rather than

*used when you prefer one thing to another*

## Examples

Use your elbow **rather than** your hands.

I'd like to stay at home **rather than** go out with them.

He chose to buy a gift for his Mum **rather than** for himself.



**+** Make sentences using “rather than”.



I'd like some juice \_\_\_\_\_.



\_\_\_\_\_.



**Read and answer.**

1. Why do we sneeze?
2. How many germs can one sneeze into the air?
3. Why is it more important to sneeze with our elbow than our hands?
4. What parts of the body will get hurt if you hold your sneeze?
5. When will the sneeze become louder?