

Look at the pictures. Can you guess what the topic idiom is about?



**EXERCISE A:** Match the idioms in column A with their meanings in column B.

**A**

1. be (all) dressed up
2. out of one's own pocket
3. tighten one's belt
4. fit like a glove
5. wear one's heart on one's sleeve

**B**

- a. to live on less money than usual
- b. to show one's feelings openly
- c. dressed in one's best clothes
- d. to be the right size
- e. with one's own money

**EXERCISE B: Complete the following sentences by filling in the appropriate idioms.**out of his own pocket  
tightening our beltsfits like a glove  
wears her heart on her sleeve

all dressed up

1. John is going to stay at their school dormitory for the whole summer but he has to pay for his daily meal \_\_\_\_\_.
2. Mary is admired by many because she always \_\_\_\_\_.
3. The new dress she bought \_\_\_\_\_. It's perfect!
4. The students were \_\_\_\_\_ and ready for the prom.
5. We need to start \_\_\_\_\_ and save up for the holiday season.

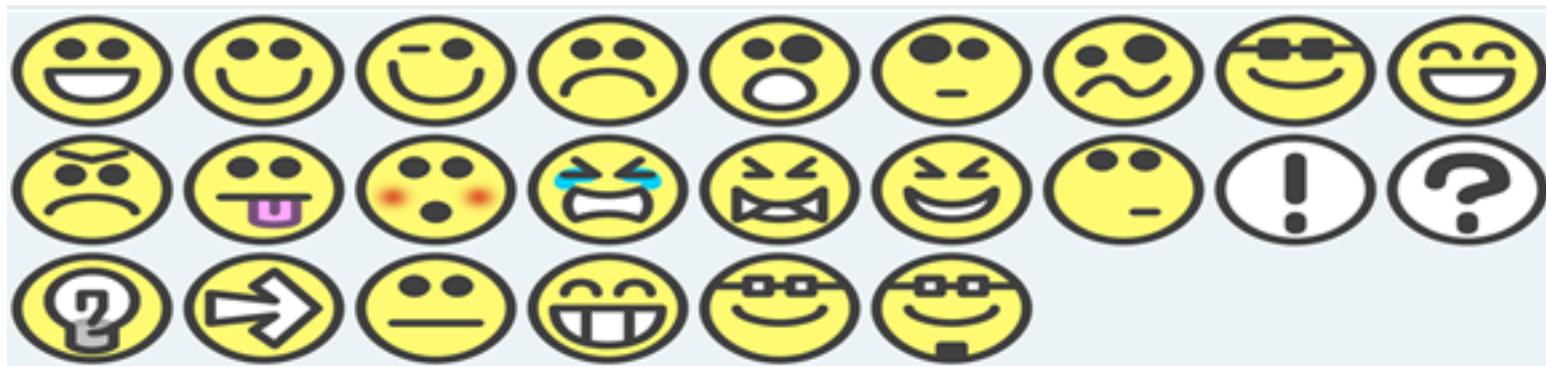
**EXERCISE C: Make sentences using the learned idioms.**

1. \_\_\_\_\_.
2. \_\_\_\_\_.
3. \_\_\_\_\_.
4. \_\_\_\_\_.
5. \_\_\_\_\_.

**EXERCISE D: Answer your teacher's questions.**

1. What comes to your mind when you hear the word "fashion"?
2. What kinds of clothes do you usually wear at home, at work, and when hanging out with friends?
3. What do you look for when you buy clothes? (quality, fabric, color, etc.)
4. Do you think it is necessary to go with current fashion trends?
5. Describe your ideal fashion style.
6. What do people in your country typically wear in spring, summer, autumn and winter?
7. Describe your ideal fashion style for men. For women.
8. Compare the fashion style in your country with others. How unique do you think it is?
9. What would you do or feel if you were refused entry somewhere because of what you were wearing?
10. Who is your most admired fashion icon? Explain why.

Look at the pictures. Can you guess what the topic idiom is about?



**EXERCISE A:** Match the idioms in column A with their meanings in column B.

**A**

1. fish out of water
2. get a grip
3. tongue-tied
4. written all over the face
5. head over heels

**B**

- a. completely in love
- b. being uncomfortable in unfamiliar surroundings
- c. unable to express oneself because of embarrassment and nervousness
- d. try to control one's feelings so as to be able to deal with a situation
- e. someone's feelings or thoughts are very clear

**EXERCISE B: Complete the following sentences by filling in the appropriate idioms.**tongue-tied  
get a gripfish out of water  
written all over her face

head over heels

1. I haven't been to this side of the country. I feel like a \_\_\_\_\_.
2. \_\_\_\_\_ on yourself! Nothing will go right if you let yourself be consumed by your anger.
3. Jim always gets \_\_\_\_\_ every time the girl he likes talks to him.
4. Her disappointment with the situation was \_\_\_\_\_.
5. He met her at the party last year and at that very moment he fell \_\_\_\_\_ in love with her.

**EXERCISE C: Make sentences using the learned idioms.**

1. \_\_\_\_\_.
2. \_\_\_\_\_.
3. \_\_\_\_\_.
4. \_\_\_\_\_.
5. \_\_\_\_\_.

**EXERCISE D: Answer your teacher's questions.**

1. Tell me 7 different types of feelings in English and in which situations they apply.
2. Tell me the things or situations that make you happy.
3. Tell me the things or situations that upset you.
4. What was the happiest moment of your life?
5. Do you think the rich are happier than the poor? Why or Why not?
6. How do you feel when you go on vacation?
7. Do you like surprises? What recent event in your life surprised you the most?
8. Some people hate surprises. Why do you think this is?
9. What if people didn't have feelings? What do you think the world would be like?
10. What is the most embarrassing moment of your life?

Look at the pictures. Can you guess what the topic idiom is about?



**EXERCISE A:** Match the idioms in column A with their meanings in column B.

**A**

1. no laughing matter

2. belly laugh

3. laugh his head off

4. a laugh a minute

5. laughing stock

**B**

a. someone who does something very stupid which makes other people laugh at them

b. serious and not something that people should make jokes about

c. to laugh very much and very loudly

d. very funny and entertaining (often meaning the opposite)

e. a loud laugh which cannot be controlled

**EXERCISE B: Complete the following sentences by filling in the appropriate idioms.**belly laugh  
laughing stocklaughing my head off  
a laugh a minute

no laughing matter

1. People find it funny when they hear someone snoring, but seriously it's \_\_\_\_\_.
2. I'm a big fan of Russell Peters. His jokes give me a real \_\_\_\_\_.
3. The movie was really funny! I was \_\_\_\_\_ the whole time.
4. I'm pretty sure that one-hour meeting with Mr. Wilson was \_\_\_\_\_.
5. After John's terribly awkward performance, he became the \_\_\_\_\_ of the school.

**EXERCISE C: Make sentences using the learned idioms.**

1. \_\_\_\_\_.
2. \_\_\_\_\_.
3. \_\_\_\_\_.
4. \_\_\_\_\_.
5. \_\_\_\_\_.

**EXERCISE D: Answer your teacher's questions.**

1. How do you understand the word "laughter"?
2. Do you agree with the saying "laughter is the best medicine"?
3. How important is laughter?
4. Do you agree that laughter is contagious? Why do you think this is?
5. What things make you laugh the hardest?
6. How does laughter affect our lives?
7. What are the benefits of laughter that you know of?
8. In your opinion, in which situations can laughter sometimes be annoying?
9. What are the differences between roar, howl, burst into and break into laughter?
10. Who do you think has the most hilarious laugh? strange laugh? creepy laugh? (friends, celebrity, family member, etc.) Why do you think so?

Look at the pictures. Can you guess what the topic idiom is about?



**EXERCISE A:** Match the idioms in column A with their meanings in column B.

**A**

1. throw in the towel
2. go overboard
3. hit below the belt
4. hotshot
5. plenty of fish in the sea

**B**

- a. there are many other men and women to date
- b. to give up or surrender
- c. an important and talented person
- d. do or say something that is very unfair or cruel
- e. do or say more than you need to

**EXERCISE B: Complete the following sentences by filling in the appropriate idioms.**

go overboard

throwing in the towel

hotshot

hitting below the belt

plenty of other fish in the sea

1. I've tried several times and each time I fail. I'm \_\_\_\_\_. (boxing)
2. Thanks for throwing such a fancy party for me. You didn't have to \_\_\_\_\_. (sailing)
3. He knew he was \_\_\_\_\_ when he asked Mary about her family problem. (martial arts)
4. Just because Luke always wins in every school competition he joins, he thinks he's a \_\_\_\_\_. (hunting)
5. Don't go crying over Jim! You deserve better! There are \_\_\_\_\_. (fishing)

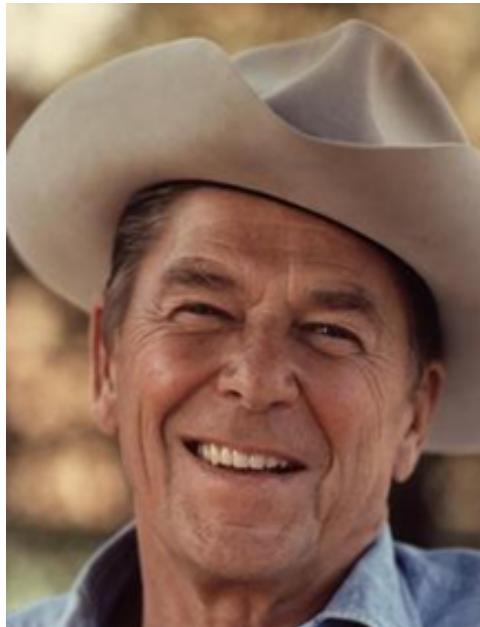
**EXERCISE C: Make sentences using the learned idioms.**

1. \_\_\_\_\_.
2. \_\_\_\_\_.
3. \_\_\_\_\_.
4. \_\_\_\_\_.
5. \_\_\_\_\_.

**EXERCISE D: Answer your teacher's questions.**

1. Do you have a hobby/hobbies? Name some of them.
2. Why do you choose this hobby / these hobbies?
3. When did you start? How long have you been doing this?
4. Which hobbies are the most popular in your country? among men? among women?
5. In your opinion, what is the most interesting hobby? the most boring?
6. Which hobbies are the most popular among children in your country?
7. Why do you think people have hobbies?
8. What do you think is the strangest hobby? the most unique?
9. Is it necessary to spend too much money to enjoy your hobbies? Why or why not?
10. How does a hobby affect a person's life? What are the advantages and disadvantages, if there's any?

Look at the pictures. Can you guess what the topic idiom is about?



**EXERCISE A: Match the idioms in column A with their meanings in column B.**

**A**

1. a big fish in a small pond
2. friends in high places
3. with a heavy hand
4. hold the reins
5. seal of approval

**B**

- a. important or influential people in business or government that someone knows
- b. in a manner with discipline and severity
- c. an important or highly-ranked person in a small group or organization
- d. a project or contract which receives formal support or approval from higher authorities
- e. be in control

**EXERCISE B: Complete the following sentences by filling in the appropriate idioms.**

friends in high places holds the reins	with a heavy hand seal of approval	a big fish in a small pond
---	---------------------------------------	----------------------------

1. Being \_\_\_\_\_ has its own perks. It boosts your confidence and you feel great about yourself.
2. It helps to have \_\_\_\_\_ when you're running for political office.
3. Michael is the president of the company now, but it seems like his father still \_\_\_\_\_.
4. We can't hold our town's annual gathering at the gym without the mayor's \_\_\_\_\_.
5. The new CEO runs the company \_\_\_\_\_ which is why everyone fears him.

**EXERCISE C: Make sentences using the learned idioms.**

1. \_\_\_\_\_.
2. \_\_\_\_\_.
3. \_\_\_\_\_.
4. \_\_\_\_\_.
5. \_\_\_\_\_.

**EXERCISE D: Answer your teacher's questions.**

1. How do you define the term "influential"?
2. How do people become influential?
3. Who are the most influential people that you know of?
4. What is the greatest contribution of that person in your country?
5. What do you think are the reasons why people want to be influential?
6. What are the perks of being an influential person? What are the downsides?
7. Do you think it's easy for a person to become influential?
8. Would you like to become an influential person?
9. What is the greatest thing that you would like to do in your country?
10. If you were to choose among influential people that you know, who would you like to follow?

**This textbook uses pictures/photos from the free photo sites below.**

Pixabay : <https://pixabay.com/>  
 Public Domain Pictures : <http://www.publicdomainpictures.net/>  
 Pexels : <https://www.pexels.com/>  
 Flicker : <https://www.flickr.com/>

Unsplash : <https://unsplash.com/>  
 GATAG | フリー素材集 : <http://01.gatag.net/>  
 写真AC : <https://www.photo-ac.com/>  
 イラストAC : <https://www.ac-illust.com/>

シルエットAC : <https://www.silhouette-ac.com/>  
 Google 画像検索 : <https://www.google.com/imghp?hl=ja>  
 Wikimedia Commons : [https://commons.wikimedia.org/wiki/Main\\_Page](https://commons.wikimedia.org/wiki/Main_Page)